

Jades Fight For Life – Devanes Diary & Log

Thursday 06.09.18

Session 1

Back to David Lloyd for a Life Cycle and spent a little over 4 Hours. Journey 1 was 12.60 Miles. Journey 2 was 11.96 Miles. Journey 3 was 11.03. Journey 4 was 9.08.

Total 44.67 Miles for my best day outside of Basingstoke Canal. Tired but happy.

Miles to go 439.34.