

Jades Fight For Life – Devanes Diary & Log

20. Sunday 09.09.18

Session 1

The roads of Surrey - Knaphill – West End – Lightwater - Chobham – Brookwood
Horsell – Woking and return 19.60 Miles.

Session 2

Back to David Lloyd for a Life Cycles. Journey 1 was 11.04 Miles. Journey 2 was 5.77
Miles.

Session 3

The roads of Surrey - Knaphill – Pirbright - Brookwood – Horsell - Woking and
return 15.62 Miles.

Session 4

Back to David Lloyd for Life Cycles. Journey 1 was 11.17 Miles. Journey 2 was 9.31
Miles. Total Miles 72.51. Amazing day today as spent a little over 7 hours cycling and
I don't mind admitting I am exhausted but content.

Miles to go 317.39