

Jades Fight For Life – Devanes Diary & Log

Friday 24.08.18

Session 1

Back to David Lloyds for a 2 Hour 30 Minute Session on the Life Cycle. Slower pace today as had a number of phone calls. Journey 1 was 10.96 Miles. Journey 2 was 9.74 Miles. Journey 3 was 2.84 Miles.

Session 2

Back to David Lloyds for an hour on the Life Cycle. Journey was 10.22 Miles. Total 33.76 Miles.

Miles to go 856.33.

Big day planned tomorrow as I am being joined by Jim Goldie and we have set aside 10 hours to cycle the entire length of the Basingstoke Canal and environs and we are hoping to achieve 70/80 Miles.